

Constitution of Divisions in 2022-23

Premier Division
Blackburn United
Broxburn Athletic
Crossgates Primrose
Dundonald Bluebell
Haddington Athletic
Hill of Beath Hawthorn
Inverkeithing Hillfield Swifts
Jeanfield Swifts
Linlithgow Rose
Lothian Thistle HV
Musselburgh Athletic
Oakley United
Penicuik Athletic
Sauchie
Tynecastle
Vale of Leithen

First Division
Burntisland Shipyard
Camelon
Coldstream
Dunbar United
Dunipace
Glenrothes
Kennoway Star Hearts
Kinnoull
Kirkcaldy & Dysart
Leith Athletic
Lochore Welfare
Luncarty
Newtongrange Star
Preston Athletic
Rosyth
Whitehill Welfare

Second Division
Arniston Rangers
Craigroyston
Dalkeith Thistle
Easthouses Lily
Edinburgh South
Edinburgh United
Hawick Royal Albert
Heriot-Watt University
Lochgelly Albert
Newburgh
Ormiston Primrose
Peebles Rovers
St Andrews United
Stirling University EOS
Syngenta
Thornton Hibs
Tweedmouth Rangers
Whitburn

Third Division
Armadale Thistle
Bathgate Thistle
Bo'ness Athletic
Edinburgh College
Fauldhouse United
Harthill Royal
Livingston United
Pumpherstoun
Stoneyburn
West Calder United

Promotion & Relegation for 2023-24



Premier Division (30 games)

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	#
14	
15	
16	

First Division (30 games)

1	
2	
3	
4	#
5	
6	
7	
8	
9	
10	
11	
12	
13	#
14	
15	
16	

Second Division (34 games)

1	
2	
3	
4	#
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	#
15	
16	
17	
18	

Third Division (36 games)

1	
2	
3	#
4	
5	
6	
7	
8	
9	
10	

- relegation

- promotion

- relegation in the event of a net gain of 1 club from the Lowland League

- promotion in the event of a net loss of 1 club to the Lowland League

Arrangements for Season 2022-23

1. Formation of New Divisions etc.

- Tranent were promoted to the Lowland League for season 2022-23
- Vale of Leithen were relegated from the Lowland League to the Premier Division for season 2022-23; Haddington Athletic and Oakley United were promoted from First Division Conferences A & B to the Premier Division for season 2022-23
- Camelon, Dunbar United, Newtongrange Star and Whitehill Welfare were relegated from the Premier Division, and with all other clubs which finished top 7 in Conferences A & B comprise a single First Division for season 2022-23
- clubs which finished below the top 7 in Conferences A & B, plus Whitburn and Syngenta from Conference X, form a new Second Division for season 2022-23
- clubs which finished below the top 2 in Conference X form a new Third Division for season 2022-23, together with Harthill Royal who were elected to the league

2. Operation of Divisions in 2022-23, and of Promotion & Relegation for 2023-24

- **Premier Division:** all 16 clubs will play each other twice, home-&-away, for a total of 30 games (15 home & 15 away)
- **First Division:** all 16 clubs will play each other twice, home-&-away, for a total of 30 games (15 home & 15 away)
- **Second Division:** all 18 clubs will play each other twice, home-&-away, for a total of 34 games (17 home & 17 away)
- **Third Division:** all 10 clubs will play each other four times, twice-home-&-twice-away, for a total of 36 games (18 home & 18 away)

- **Relegation from Premier Division:** clubs finishing 14th, 15th and 16th in the Premier Division will be relegated to the First Division for season 2023-24
- **Promotion from First Division:** clubs finishing 1st, 2nd and 3rd in the First Division will be promoted to the Premier Division for season 2023-24
- **Relegation from First Division:** clubs finishing 14th, 15th and 16th in the First Division will be relegated to the Second Division for season 2023-24
- **Promotion from Second Division:** clubs finishing 1st, 2nd and 3rd in the Second Division will be promoted to the First Division for season 2023-24
- **Relegation from Second Division:** clubs finishing 15th, 16th, 17th and 18th in the Second Division will be relegated to the Third Division for season 2023-24
- **Promotion from Third Division:** clubs finishing 1st and 2nd in the Third Division will be promoted to the Second Division for season 2023-24

- *In the event of a net loss of 1 club to the Lowland League, the club finishing 4th in the First Division will also be promoted to the Premier Division; and the club finishing 4th in the Second Division will also be promoted to the First Division; and the club finishing 3rd in the Third Division will also be promoted to the Second Division*
- *In the event of a net gain of 1 club from the Lowland League, the club finishing 13th in the Premier Division will also be relegated to the First Division; and the club finishing 13th in the First Division will also be relegated to the Second Division; and the club finishing 14th in the Second Division will also be relegated to the Third Division*